



REIM Training Solutions

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Dear P7 Parents and Guardians.

We are delighted to be attending your child's school to facilitate the transition program for the P7 Children.

We have been running our Transition programme for several years, and it has been developed to help P7s and their families prepare for the move to secondary school. It focusses on the key areas that young people might struggle with at this exciting but perhaps daunting time.

The first workshop is with the P7s on their own and we explore making new friends, peer pressure, bullying, how to communicate well, and we look at when things go wrong - how we deal with our emotions including stress and anxiety.

The second workshop is with the P7 children, and you their parents or guardians and we discuss their new school and how it might be different, rules in the family and school, and changes in the family dynamic as children gain independence and responsibility.

We look forward to having you attend your school's child and parent session.

Date: Wednesday 24th May
Place: St Patrick's, Cullyhanna
Time: 3.30pm - 5pm

We look forward to meeting you and your child.

Kind Regards
The REIM Team