



St Patrick's Primary School & Nursery
Bunscoil Naomh Padraig
Coilleach Eanach

Principal: Mr P.Quinn
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After school club – P7

Dear Parent,

We are offering our P7 pupils an opportunity to attend a four week after school programme in TAEKWON-DO. The programme will be led by local instructor Aoife Loye and costs £15 per pupil for the four-week course.

The class will run for 4 weeks each Monday from 3.15pm – 4.15pm.

The dates for the classes are below.

May 9th, 16th, 23rd, 30th

Please fill in the permission slip below and return it to school if you wish your child to take part in the class and return to school by Mon 9th May. The fee for the course should also be paid before May 9th.

Parents are reminded to collect children punctually at 4.15pm

Yours Sincerely

P.QUINN

After School Taekwon-Do Class

I gave permission for _____ to take part in the After Schools Taekwon-Do Class.

Signed _____ Parent/Guardian

Taekwon-Do

4

Week Fitness Programme



4 Week school programme

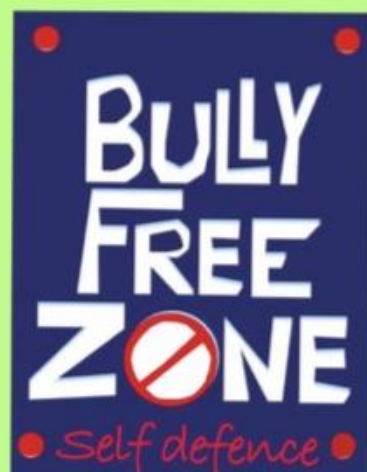
Instructor fully qualified

Fully Vetted

Degree in Sports Science

World Champion

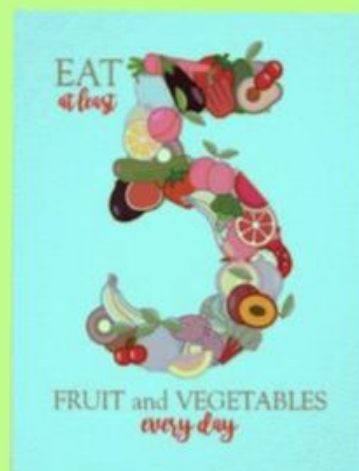
2nd Degree Black Belt



Benefits



- Builds confidence
- Proven to increase academic results **A+**
- Improved focus and concentration
- Improves self defence skills
- Improves social interactions



Contact me:
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