



# EAT SMART WITH THE LUNCH BUNCH

EA Catering Service

Week Beginning	Monday	Tuesday	Wednesday	Thursday	Friday
19-Feb	Golden Crumbed Fish Fingers	Homemade margherita pizza	Baked Pork sausage & gravy	Roast of the Day,	Chicken Goujons
18-Mar				Stuffing & Rich Gravy	& Sweet Chilli Dip
15-Apr	Baked Beans	Carrots and wedges	Garden Peas	Fresh vegetables in season	
13-May	Chipped Potato		Mashed Potato	Mashed Potato / oven roast potato	Spaghetti hoops & chipped potato
10-Jun					
02-Sep	Homemade flakemeal biscuit	Mandarin Orange Sponge & Custard	Artic roll and peaches	Homemade brownie	
30-Sep					Fruit muffin with pure apple / orange juice
26-Feb	Golden Crumbed Fish Fingers	Homemade cottage pie	Beef Meatballs with tomato & basil sa	Roast of the Day, Stuffing & Rich Gravy	School "Chippy Day" chicken goujons
25-Mar					
22-Apr	sweetcorn	spring greens	Baton carrots	Fresh vegetables in season	Baked Beans
20-May	chipped potato	Oven baked potato wedges	pasta spirals	mashed potato	Chipped potatoes
17-Jun					
09-Sep	Icecream & chocolate sauce	Summer fruit cheesecake	Sticky date pudding & custard	Golden Krispie Square	Frozen Fruit yogurt.
04-Mar	Baked Pork sausages & gravy	Chicken Curry & Naan Bread	Beef lasagne / Garlic Bread	Roast of the Day, Stuffing & Rich Gravy	Beef Burger in Bap with onions
01-Apr					
29-Apr	Baked Beans		Garden Peas	Fresh vegetables in season	
27-May	chipped potato		Mashed Potato	Mashed Potato	Chipped Potatoes
24-Jun	Ice Cream	Jaff cake pots	Fruit sponge & custard	Fresh fruit salad & Yogurt	Lemon shortbread
11-Mar	Beef Bolognaise	Breaded Fish & lemon mayo	Chicken Curry & Naan Bread	Roast of the Day, Stuffing & Rich Gravy	Hot Dog with tomato ketchup
08-Apr					
06-May		Baked beans		Fresh vegetables in season	
03-Jun	Pasta Spirals	chipped potato	rice	mashed potato	Chipped Potato
26-Aug					
23-Sep	Chocolate & Orange Cookie	Raspberry jelly & two fruits	Fruit sponge & custart	Pineapple Delight	Ice cream
<div>Milk, Water, Bread and Fresh Fruit available daily</div> <div>Menu may change due to delivery changes</div> <div>If you require any additional information on allergens or special diets please contact the school on 02830861608</div>					